

# Rejuvenate!

## Nothing to declare but health and happiness

While the vernal equinox on 21 March each year holds special significance for many cultures across the world, the day the sun crosses the plane of the equator towards the northern hemisphere and delivers a day and night of equal length is nowhere regarded with such veneration – and by millions upon millions of people – as it is in China.

It is said to be the very best day on which to get the spring ploughing underway and, as such, is seen as the starting point for a year filled with hope and promise.

Saturday 21 March 2015 was just as singular for Australian citizen and cancer patient Gail, as she sat down to pack her bags and embark on another trip to China.

"I firmly believe that having cancer does not necessarily imply that I will die," said Gail, who was diagnosed with oesophageal adenocarcinoma in 2013. "Rather, I see it as a journey towards recovery, a voyage to seek out and find the treatment methods that will return me to good health – and that's why I'm returning to China."

Gail initially had surgery in Australia to remove part of her stomach, which was followed by lengthy chemotherapy

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sessions that not only brought about hair loss but left her feeling listless and ill.

Realising that the conventional Western approach of surgery followed by chemotherapy brought minimal results and little comfort, physically and mentally, she looked further afield and, in January 2015, first travelled to China in search of new solutions.

She found an ancient land in the throes of enormous revival and a country leading the way in a variety of cutting-edge technological advancements, particularly in the medical field and most notably in the area of cancer treatment. After learning



Gail in March this year

about a number of options, Gail chose Sono Photo Dynamic Therapy (SPDT) treatment and almost immediately felt its positive effects.

"After completing the first stage of treatment, I am delighted with how I feel and I can see from the results that SPDT is highly effective and has a very high cure rate," said Gail.

"Now I'm back for stage two, filled with confidence, hope and promise. These seeds have been planted in me, by the Chinese people, in China – and I look forward to declaring this happiness as I pass through customs on my return to Australia!"

### For more information, contact:

Southern Medical University Renkang Hospital  
Dongguan, Guangdong 523952, P.R. China

[www.cancertherapies.cc](http://www.cancertherapies.cc)

Email: [admin@cancertherapies.cc](mailto:admin@cancertherapies.cc)

Tel: +86 20 37611008

## Cancer Facts

- There are just four steps from fatigue to cancer, the first being mild fatigue, which is then followed by a fatigue that spreads from head to toe. The third step is characterised by feelings of profound anxiety, while the final step sees changes occurring within our internal organs. But all is not lost: if we pay attention to the four steps of the process and work to eliminate fatigue before the onset of the third step, the chances are good that won't be stricken by terrible diseases in middle age and beyond.

- While everyone has cancer cells in their body, these cells do not show up in the standard tests until they have multiplied to a quantity of billions. That's why, when doctors tell cancer patients after treatment that there are no more cancer cells in their bodies, what they mean is that the tests are unable to detect the cancer cells because they are yet to reach a detectable size.

- Throughout our lives, we can all expect cancer cells to occur anywhere from six to more than 10 times. However, when a person's immune system is strong, the cancer cells will be destroyed and prevented from multiplying and forming tumours.