

Rejuvenate!

The official newsletter of the RenKang Hospital, Kanghua Group,
Guangdong China

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Warmth in Steve's heart melts Arctic freeze

It's late January 2016 at RenKang Hospital in the southern Chinese city of Dongguan, where some of the worst snow storms in over 100 years have turned the grounds outside into a veritable winter wonderland and sent Arctic chills across the city and surrounding areas.

But inside, Australian IT consultant Steve has a cosy glow in his heart, its warmth increasing with each passing day.

And it has little to do with either the hospital's efficient central heating system or Steve's astute investment strategy that has seen him successfully manage his stock market portfolio while a patient at RenKang Hospital.

For Steve, a terminal cancer patient diagnosed with colorectal cancer back in 2014, the warmth in his heart comes from knowing that he's finally in the right place – and that the ground-breaking Sono-photodynamic Therapy – or SPDT – treatment for which RenKang Hospital is famous, is making a major difference to his health and life prospects.

One of the world's latest cancer treatments, SPDT combines traditional and centuries-old Chinese medicine with small doses of chemotherapy and a number of interventional therapies in the fight against all kinds of tumours.



A rejuvenated Steve takes time out to check on the status of his shares.

As Steve remembers, after his initial diagnosis and extensive courses of traditional Western treatments in his home country, the cancer had not been reduced or contained. In fact, it had spread to other parts of his body, most notably his lungs.

He recalls that life looked as bleak and gloomy as the Chinese weather outside, with death a very real prospect and his mortality staring him in the face.

That's when he decided to take things into his own hands and travelled to RenKang Hospital in September last year to receive four courses of SPDT treatment.

The results were almost immediate, with the first course of treatment dropping his body tumour markers from 270 to 220. The second course saw a further – and marked – decrease to 80 and the third course reduced the markers to just 40.

Then, on 20 January 2016, he received his fourth treatment report, which really warmed the cockles of his heart.

It showed that the high metabolic tumour lesions in the rectum and sigmoid colon junctional zone had largely disappeared, while the metastatic lesions in the lung and liver had reduced in size.

In addition, no new lesions were found, suggesting that the cancer cells in his body are under effective control.

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Coming to RenKang Hospital is undoubtedly proving to be the smartest decision Steve has ever made.

All the more so given the great news he received shortly after his return to Australia and catching up with his local medical team for a number of appointments – they've now re-categorised his cancer from "terminal" to "treatable"!



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