



Rejuvenate

SPDT 4 LIFE Newsletter - October 2016

A lot can happen in a month when you are working in the world of cancer research and treatment. Since our last newsletter a couple of really exciting things have emerged - The Chan Zuckerberg Initiative and a new 'game-changing' immunotherapy drug called Keytruda. We will look more closely at these projects - and others - in the coming months.

In this month's newsletter we catch up with Jordan - a young patient currently undergoing treatment at SPDT 4 LIFE at the Golden Sand Bay Hospital.

JORDAN'S JOURNEY TO SPDT 4 LIFE



Jordan relaxes in the hospital communal area with his mum Dianne & dad Andrew

Growing up in Melbourne, Australia, Jordan was just like so many other young Australian men from his area. He had a job, played Aussie Rules football, liked to hang out with his mates, and to spend time with his beloved girlfriend and his family.

But in 2013 something would disrupt the happy normalcy of Jordan's life and take him from being "your average young Aussie guy", to being part of a very rare group that make up a tiny percentage of the population. He was diagnosed with Ewing's sarcoma.

Ewing's sarcoma is a primary bone cancer that affects mainly children and adolescents. It is the second most common bone cancer in children, but it's also relatively uncommon. It accounts for only 1% of all childhood cancers. Although it can occur at any age, it usually impacts children older than age 10 - teens, adolescents, young adults - and very rarely occurs in adults over the age of 30.

There are approximately 200 new cases of Ewing's sarcoma diagnosed in the United States annually - figures of cases in Australia are not available but diagnosis' are presumed to be far less. Slightly more boys than girls are prone to getting the disease. For unknown reasons, it occurs most often in whites and is extremely rare in African-Americans or Asian-Americans.

We do know that in this cancer, a change occurs in a cell that moves a gene called EWS on chromosome 22, next to a section of DNA on one of several other chromosomes, that causes the EWS gene to turn on. No one knows why this happens. It is not inherited - rather it occurs after the child is born.



Jordan's time in China has been made so much easier and more enjoyable by having his fiancée Lenae there to support him

Unlike many adult cancers, the risk of developing most childhood cancers is not influenced by lifestyle factors. Ewing's sarcoma has not been found to be associated with any environmental risk factors. There are genetic changes that appear in the cells of people with Ewing's sarcoma, but we stress again, these happen after birth and are not inherited.

As there are no known risk factors that can be changed and no screening test to effectively identify someone prone to develop this cancer, there is no way to prevent it.

Furthermore, many illnesses and minor injuries can cause the same symptoms as Ewing's sarcoma and for this reason it is sometimes missed in its early stages.

And that is what happened in Jordan's case. Jordan started feeling aches and pains, but put this down to football injuries. When the pain grew worse and didn't go away, Jordan and his parents knew there must be something more sinister at play.

In 2013 after many tests and doctor consultations, the diagnosis of Ewing's sarcoma was confirmed.



After 4 months of treatment at GSB Jordan says he is feeling better and better

From this point on Jordan underwent an enormous barrage of treatments. He had surgery, chemotherapy and more radiation than any person should ever need to suffer through in one lifetime. But still the cancer remained.

In 2016 after being told that there was nothing more that the doctors in Australia could do for him, Jordan and his amazing mother Dianne and fiancée Lenae, travelled to SPDT 4 LIFE in Guangzhou, so Jordan could receive treatment from world renowned oncologist Dr. Wang and his team at the Golden Sand Bay Hospital.

There Jordan received numerous cycles of SPDT, combined with a tailored program of other treatments to create a synergistic effect, all designed to control and destroy his cancer. This program was effective in reducing Jordan's tumours by 20%. Doctors then performed a procedure called Radio Frequency Ablation that further destroyed the localised Ewing's sarcoma by a stunning 70%.

After 4 months of being in China, Jordan reports with a smile that, the doctors at SPDT 4 LIFE are making things easier for him and he now feels better and better.

He has come a long way from that day in 2013 when as a vibrant 19 year old he was diagnosed with a disease he had never heard of. He has shown enormous courage, strength and character in this long and difficult battle.

With the incredible unyielding support of his devoted mother Dianne, his fiancée Lenae and the rest of his family Jordan is looking forward to returning home to Melbourne and continuing his recovery.

The doctors at SPDT 4 LIFE will stay in close contact and monitor Jordan's condition, offering ongoing advice and support whenever it is needed.

We invite all those who have been touched by cancer and are seeking treatment for themselves or another, to contact us and learn more about our holistic treatment programs. We have had great success with helping many patients who have been given no hope elsewhere, and look forward to helping many more patients on their journey back to optimal health.

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